

SistaKeeper Chapters

Why are the benefits of starting a SistaKeeper chapter?

- Ongoing, once a month support circles.
- Individual counseling provided through Imani Counseling and Consulting Services.
- Possible employment opportunities as SistaKeeper Advisors, and/or possible internships
- A sisterhood focused on empowerment, healing through SistaCircles, establishing purposeful networks. The SistaKeeper Chapter will volunteer to come and speak to young girls that are little SistaKeeper's to explain the process of planning your future and the positives of attending UMSL
- Opportunities to develop their purpose, facilitating community speaking engagements, and events that promote female issues and causes on behalf of the UMSL SistaKeeper Chapter.
- Opportunities to connect and give back to various off campus agencies such as Sickle cell foundation, Project Ark HIV/AIDS awareness, Lupus foundation, Breast cancer awareness and community awareness activities such as; fighting teen pregnancy, sexual abuse, child abuse and violence in our communities, etc...

SistaKeeper Chapter Requirements:

1. Must maintain a "C" grade point average or better.
2. Must commit to 25 hours community services.
3. Must complete a 1-page essay on your personal mission stating how you intend to give back to your home community.
4. Must volunteer to speak to a minimum of two little SistaCircles in our area schools, or to a community school of your choice.
5. Be committed to our SistaKeeper pledge and expectations.

SistaKeeper Expectation:

We create a society of young women who know inner-self, and it reflects their outer image. Knowing who they are and what they believe in and what they stand for. They can make educated choices, be assertive, display teamwork and be true to self, yet dedicated to make a difference in their communities. Through our SistaCircles, workshops, journaling, mentoring, public speaking events, young women will display an increased awareness of self-confidence, realization of self-discipline, improved relationships with others, developing character and empowered to continue development of mind, body and spirit! Knowing possibilities can become realities if you stay focused on your journey, continuously reflecting the light, knowing your purpose is bigger than you, your purpose is to reach back and be a SistaKeeper!!!

Products are made available for purchase to promote & represent the SistaKeeper Mission:
SistaKeeper books and CD's, Journals, T-Shirts, hoodies, key rings, lanyards, book bags, and more...